## **DIGITAL WELLNESS:** Navigating Online Content & Building Healthy Relationships

Join us for an informative evening with skilled speakers on online safety, building healthy relationships and parenting.

## **Guest Speakers**



TRACY CLELLAND Canterbury University



ANNA MOWAT Real Parents



LYN JANSEN STOP

## WEDNESDAY APRIL 2ND 68 HAREWOOD ROAD

6:30 - 8:30



https://events.humanitix.com/parent-evening-er36hd4n

For more info, contact: ruby.richards@barnardos.org.nz

